

Es-tu en forme?

CHAPITRE 8

CHAPTER CHECKLIST

Géoculture

- Read and study the information on Dakar in **Géoculture**, pp. 228–231.

Vocabulaire 1

- Study the words and expressions in **Vocabulaire 1**, pp. 270–271, and **D'autres mots utiles**, p. 271 to learn vocabulary for the body, injuries and feeling unwell.
- Review the parts of the body in **Déjà vu**, p. 271.
- Study the expressions in **Exprimons-nous!**, p. 271, to learn how to ask how someone feels and tell how you feel.
- Do Activities 1, 3–5, p. 272, in writing.
- Use the online textbook to do listening Activity 2, p. 272.
- Read about health care and health insurance in Senegal in **Flash culture**, p. 272.
- Study the expressions in **Exprimons-nous!**, p. 273, to learn how to describe symptoms and give advice.
- Write out Activity 6, p. 273.
- For additional practice with **Vocabulaire 1**, do the activities on pp. 85–87 in *Vocabulaire et grammaire*.

Grammaire 1

- Study the presentation on the subjunctive of regular verbs and read **En anglais**, p. 274.
- Use the online textbook to do listening Activity 8, p. 274.
- Do Activities 9–11, p. 275, in writing.
- Study the presentation on the subjunctive of irregular verbs, p. 276.
- Read about health care in Senegal in **Flash culture**, p. 276.
- Do Activities 13–16, pp. 276–277, in writing.
- For additional practice with **Grammaire 1**, do the activities on pp. 88–89 in *Vocabulaire et grammaire* and on pp. 71–73 in *Cahier d'activités*.

Application 1

- Write out Activity 18, p. 278.
- Study more expressions with the subjunctive in **Un peu plus**, p. 278.
- Do Activities 19, 21–22, pp. 278–279, in writing.
- Use the online textbook to do listening Activity 20, p. 278.
- For additional practice, do the activities on p. 90 in *Vocabulaire et grammaire*.

CHAPTER CHECKLIST**CHAPITRE 8****Culture**

- Read about health care in France in **Comparaisons**, p. 281.

Vocabulaire 2

- Study the words and expressions in **Vocabulaire 2**, pp. 282–283, and **D’autres mots utiles**, p. 283 to learn vocabulary for staying in shape.
- Study the expressions in **Exprimons-nous!**, p. 283, to learn how to complain about health.
- Read about fitness clubs in **Flash culture**, p. 284.
- Use the online textbook to do listening Activity 23, p. 284.
- Do Activities 24–25, p. 284, in writing.
- [Study the [vocabulary category] in **D’autres mots utiles**, p. X.]
- Study the expressions in **Exprimons-nous!**, p. 285, to learn how to sympathize with someone.
- Write out Activity 26, p. 285.
- For additional practice with **Vocabulaire 2**, do the activities on pp. 91–93 in *Vocabulaire et grammaire*.

Grammaire 2

- Study the presentation on the conditional, p. 286.
- Review the irregular verb stems in the future in **Déjà vu**, p. 286.
- Do Activities 28–30, pp. 286–287, in writing.
- Study the presentation on si clauses, p. 288.
- Read about Senegalese cuisine in **Flash culture**, p. 288.
- Do Activity 32, p. 288, in writing.
- Use the online textbook to do listening Activity 33, p. 288.
- Do Activity 33, p. 288, in writing.
- For additional practice with **Grammaire 2**, do the activities on pp. 94–95 in *Vocabulaire et grammaire* and on pp. 75–77 in *Cahier d’activités*.

Application 2

- Use the online textbook to do listening Activity 38, p. 290.
- Write out Activity 39, p. 290.
- Study the conditional to make polite requests in **Un peu plus**, p. 290.
- Do Activities 40–42, pp. 290–291, in writing.
- For additional practice, do the activities on p. 96 in *Vocabulaire et grammaire*.

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CHAPITRE 8

SELF-TEST

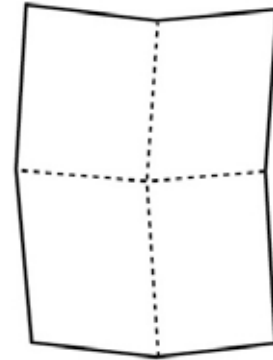
<p>1. Can you talk about injuries? (pp. 270–271)</p>	<ul style="list-style-type: none"> • How would you say that you’ve hurt yourself? • How would you say that you twisted your ankle and broke your arm?
<p>2. Can you ask how someone feels and tell how you feel? (p. 271)</p>	<ul style="list-style-type: none"> • How would you ask what is wrong? • How would you tell a friend that he doesn’t seem to be doing well? • How would you tell a friend that she seems tired? • How would you say that you don’t feel well and that you’re sick? • How would you say that you slept badly?
<p>3. Can you describe symptoms and give advice? (p. 273)</p>	<ul style="list-style-type: none"> • How would you say that you have a stomach ache and you’re nauseated? • How would you say that you cut your finger? • How would you tell a friend that you advise him to take some tablets and drink carbonated water? • How would you tell a friend that it’s important for her to disinfect her finger?
<p>4. Can you talk about health and give advice? (pp. 282–283)</p>	<ul style="list-style-type: none"> • How would you say that you’ve gained weight and are going to go on a diet? • How would you say that you ache everywhere and feel stressed? • How would you tell your friend that he should eat light and do yoga? • How would you tell your friend that all she needs to do is exercise every day?
<p>5. Can you sympathize with someone? (p. 285)</p>	<ul style="list-style-type: none"> • How would you say that it’s not serious? • How would you tell your friend not to worry, that it’s going to get better?

Es-tu en forme?**CHAPITRE 8****FOLD-N-LEARN PROJECT SUGGESTIONS**

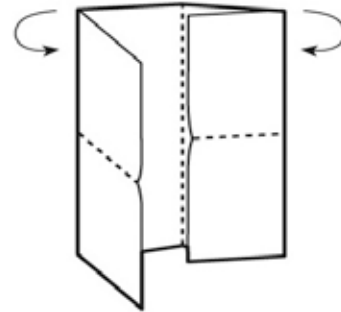
Follow the instructions below to create a fun study aid. This aid will help you review the expressions listed on pages 270–271, 273, 282–283, and 285 of your textbook.

MATERIALS You will need paper, scissors, and a pen or pencil.

STEP 1 Fold a sheet of paper in half twice, first from side to side and then from top to bottom. Unfold the paper.

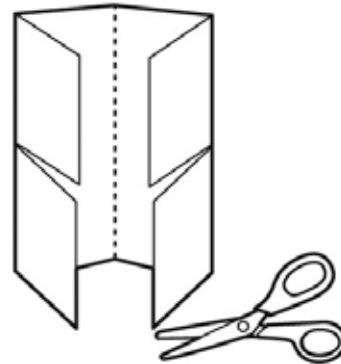


STEP 2 Turn the paper sideways. Then fold the right and left edges to meet at the center crease, forming right and left flaps.



STEP 3 Using scissors, cut along the middle creases in the right and left flaps to form four flaps. Do not cut past the folded edges of the right and left flaps.

STEP 4 At the top of the upper left flap, write **Le corps** and list below it the parts of the body, face, and the organs. On the upper right flap, write **Pour être en forme, il faut...** and list what you need to do to be healthy and in shape. On the lower right flap, write **Il ne faut pas...** and list what you shouldn't do. Write the English equivalents under each flap.



STEP 5 Using another sheet of paper, repeat steps 1–3 to create a four-flap booklet for the dialogs in **Exprimons-nous!** Use one of the four flaps for each of the chapter categories: talking about not feeling well; describing symptoms and giving advice; expressing sympathy; complaining about health and giving advice. Write the English equivalents under each flap.

STEP 6 Review the chapter vocabulary with the study aids you've created. For the first one, try to name in French which parts of the body would be affected by the activities on the right. For the second one, practice responding to complaints about health or about feeling unwell.